



Take an Emmaus walk with your child

Take an 'Emmaus walk' with your child. Just the two of you. Maybe three of you.

Invite, don't force, a conversation. Listen deeply. Be patient, conscious of Jesus on the road with you.

Walk to a spot where you can 'break bread' together; e.g., enjoy an ice cream, a coffee, a hot dog, a bread roll.

Return home, a little bit transformed. Perhaps these Emmaus walks will become part of your family memories.

More ways to enjoy the Emmaus story

Teachers' tips

If you were presenting the Emmaus story as a stage play how would you divide it into a series of acts? Name each act. Suggest a theme song for each act. Divide the class into three groups and have each group stage one act.

Send your class on a 15min 'pair walk', each student paired with a class member they don't know so well, armed with a meaty question to ponder.

The Church,
like a Mother
"always does
what good she
can, even if in
the process,
her shoes get
soiled by the
mud of the
street."

(Pope Francis, EG
45; AL 308)

